

DANCE HOUSE STUDIOS 2025 TIMETABLE

LEVEL	AGE
Baby Sensory	6 months +
Preschool	2-3yrs & 3-4yrs
Pre Junior	School Years K - 1
Junior	School Years 2 - 4
Intermediate	School Years 5 - 7
Senior	School Years 8+
Open/Adult	18yrs+

MONDAY PM

4:00 – 4:30	Solo/duo/trio lessons available		
4:30 – 5:45	Intermediate Troupe	5:15 – 5:45 (30 mins combined troupes)	4:30 – 5:30 Junior/Inter JFH
5:15 – 6:45	Senior Troupe		
6:45 – 7:30	Senior Troupe KTL		
7:30 – 8:15	Senior Tap Troupe	7:30 – 9:00 Solo/duo/trio lessons available	
8:15 – 9:00	Adult Advanced Tap (45 mins)		

TUESDAY PM

3:45 – 4:30	Junior Ballet (RAD syllabus)	
4:30 – 5:15	Junior Lyrical	
5:15 – 6:15	Intermediate Ballet (RAD syllabus)	
6:15 – 7:15	Intermediate Lyrical	
7:15 – 9:00	Solo/duo/trio lessons available	

WEDNESDAY PM

4:00 – 5:00	Pre Junior Jazz/Ballet Combo	
5:00 – 6:00	Senior Ballet (RAD Intermediate Foundation syllabus)	
6:00 – 7:00	Senior Contemporary / Lyrical	
7:00 – 8:00	Senior Open Ballet (no syllabus)	
8:00 – 9:00	Senior Ballet (RAD Intermediate syllabus)	

THURSDAY PM

4:00 – 4:45	Junior Jazz	
4:45 – 5:45	Intermediate Jazz	4:45 – 5:30 Junior Tap
5:30/5:45 – 6:30	5:45 – 6:30 Intermediate KTL	5:30 – 6:30 Senior Tap
6:30 – 7:30	Senior Jazz	Intermediate Tap
7:30 – 8:30	Senior JFH	7:30 – 8:15 Adult Beginner Tap
7:30 – 8:15 (Barre Pilates will run after Snr JFH if both have enough interest to run)	Barre Pilates (Senior/Open/Adult)	

FRIDAY PM

4:00 – 5:00	Solo/duo/trio lessons available	
5:00 – 6:00	Intermediate foundation (class 2 for exams)	Beginner Acrobatics – all ages (NEW style for 2025) *Option for extra class to run if enough interest!
6:00 – 6:30	Pre-Pointe/Pointe (Ballet)	
6:30 – 7:30	Intermediate (class 2 for exams)	
7:30 – 8:15	Adult Jazz Fitness	
8:15 – 9:00	Adult Lyrical/Contemporary	

SATURDAY AM

9:00 - 9:40	Preschool Ballet/Jazz (3-4yrs)	Preschool Ballet/Jazz (2-3years)
9:45 - 10:15	Preschool Acrobatics (2-4yrs)	Baby sensory (6 months+)
10:15 - 11:00	Junior Ballet (class 2 for exams)	10:15 – 11:00 Intermediate Theatre Jazz
11:00 - 12:00	Intermediate Ballet (class 2 for exams)	11:00 – 11:45 Junior Theatre Jazz

TIMETABLE ALTERATIONS MAY OCCUR DUE TO CLASS NUMBERS

- Solo/Duo/Trio lessons on request (Monday – Saturday)
- Performance Teams are invitation only and must attend prerequisite classes
- To be eligible to enter RAD Ballet exams students must attend x2 RAD syllabus Ballet classes per week